



## Mental Health and Well-Being Survey

The St. Croix Valley Foundation and the Northwest Alliance Community Foundation have awarded The Friends of the Larsen Family Public Library a grant to secure and disseminate content about community mental health and well-being. This survey will help the Friends collect your opinions about key mental health and well-being challenges facing area residents of all ages. With this information we will bring in more content, provide information about services, highlight key concerns and resources that support the well-being of our community.

Please help us by completing this survey. All responses will remain anonymous. **When completed, drop in the box at the library, or mail to: Larsen Family Public Library, P.O. Box 510, Webster, WI 54893.** If you prefer, you may complete the survey online at <https://www.surveymonkey.com/r/QBZQBWZ>.

### 1. What is your age?

- In School (6-18 years old)       Young Adult (19-25 years old)  
 Adult (26-65 years old)       Senior Adult (65 years or older)

### 2. Is Burnett County your primary residence?

- Yes       No

If no: How frequently are you in Burnett County for work, pleasure?

- Daily       Weekly  
 Monthly       Seasonal

### 3. Do you have a library card?

- Yes       No

If yes: How do you access library materials?

- Online       In Person       Both

### 4. Where do you get information about issues or concerns about mental health and well-being?

- Family friend       Internet  
 TV       Library  
 Don't really think about it       Other \_\_\_\_\_

### 5. What do you think are the top mental health and well-being challenges facing us in Burnett County right now?

Select **ONLY** your top 3.

- Depression       Isolation  
 Grief       Anxiety (generalized fear)  
 Lack of resilience (feeling defeated, unable to recover)  
 Other \_\_\_\_\_

### 6. Are there other comments you'd like to share?

Thank you! Your feedback is appreciated.